

# MALNUTRITION IN HOSPITALIZED PATIENTS

ASSOCIATED WITH HIGHER COSTS, LONGER STAYS & INCREASED MORTALITY

**1.95 million**  
hospital stays involved malnutrition in 2013



## Malnutrition is associated with:

### Economic Burden

Hospital stays involving malnutrition accounted for



**\$42 billion**

### Human Cost

Most malnutrition-related stays have a substantially higher proportion of in-hospital deaths



**1.5x to 5x higher**

than those unrelated to malnutrition

### Longer Hospital Stays

Most hospital stays were

**2x longer**

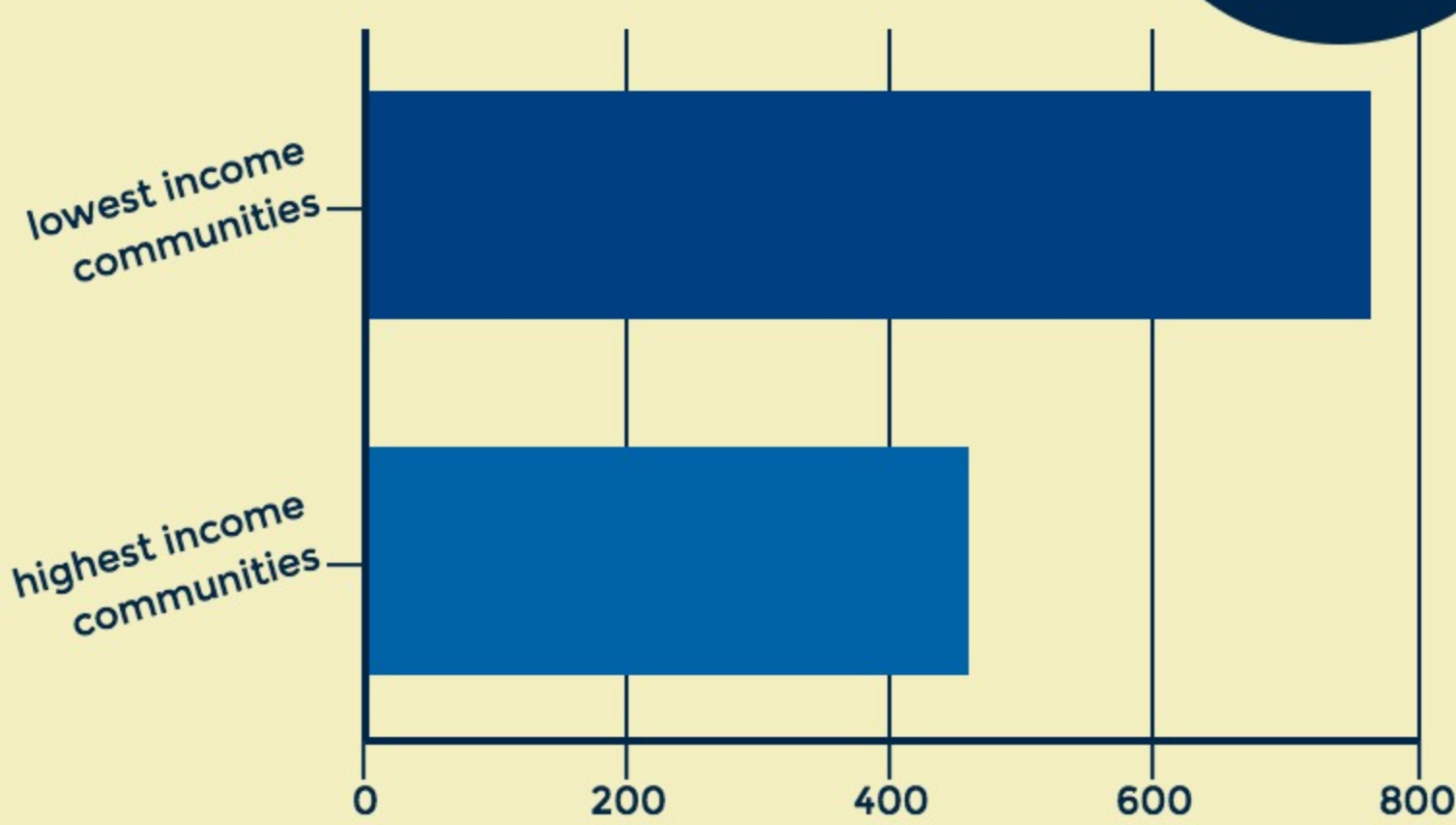


**47%-71%**

of patients with malnutrition did not have a routine discharge

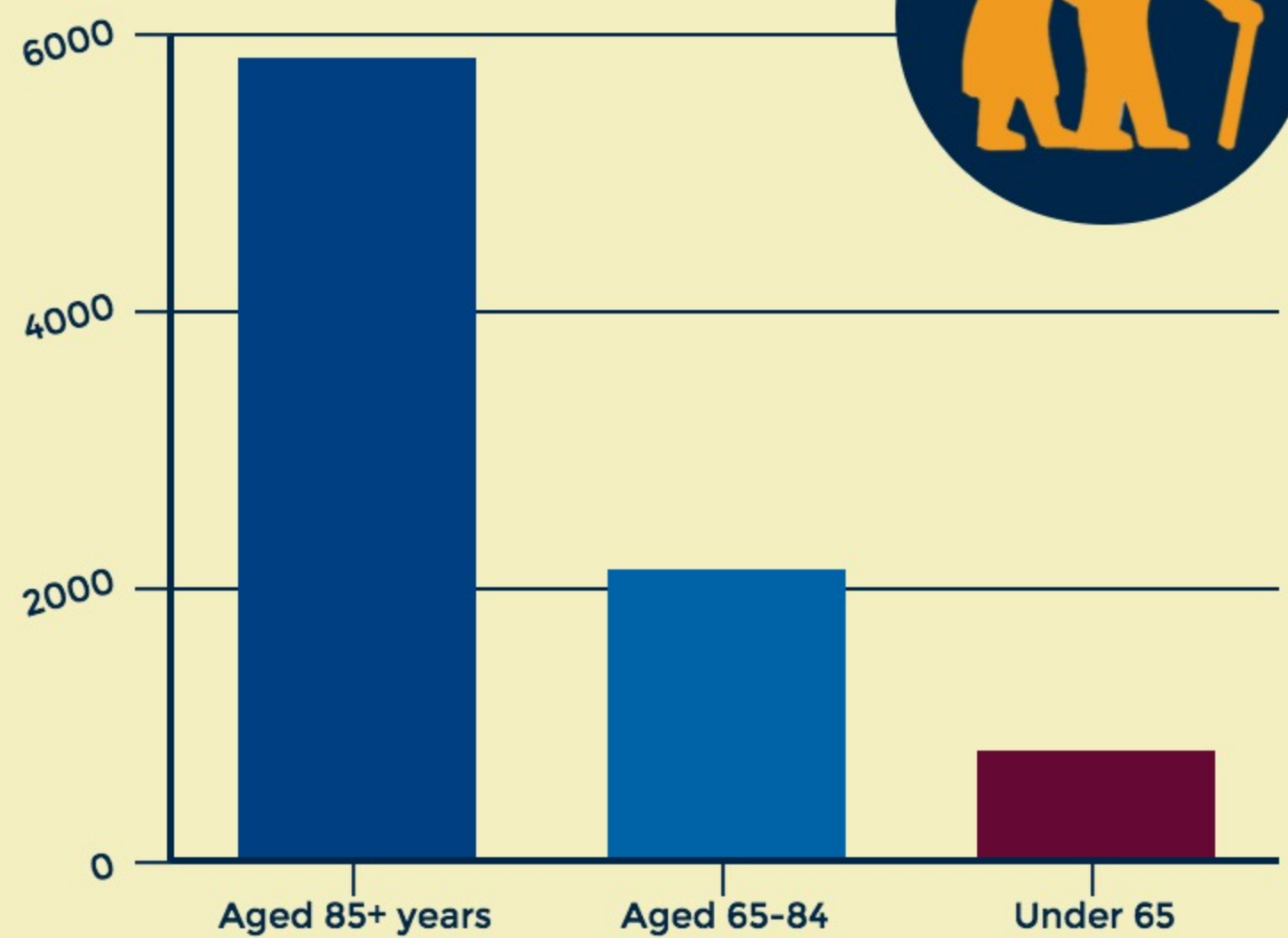
## Rate of malnutrition is highest:

### In lowest income communities



Malnutrition Related Hospital Stays per 100,000 Population

### Older Adults



Malnutrition Related Hospital Stays per 100,000 Population

**Understand the impact of malnutrition.**  
Learn more at: [www.nutritioncare.org/malnutrition](http://www.nutritioncare.org/malnutrition)

